

VJK KB Diksmuide 26: Session: 3: COACH evaluation sheet for TEAM: ZNA

Coachinfo: Warming up from: 07:00 untill 08:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Kindt Joachim HEADCOACH

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 26: 100M BACKSTROKE MEN 15-16					Heat:5, starttime: 08:52
Heat: 5/6 Lane : 1 Athlete: WOJCIULA TYMON					Q-time: 01:03:49
PB (25m pool): 01:03.49 EEKLO 04/10/2026					PB (50m pool): 01:05.36 SB: 01:03.49 EEKLO 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:30.99		01:03.49	
	00:30.99		00:32.50		
					

Coach feedback:

Event number: 27: 100M FREESTYLE WOMEN 13-14					Heat:4, starttime: 09:01
Heat: 4/8 Lane : 1 Athlete: OSSELAER GEIKE					Q-time: 01:05:10
PB (25m pool): 01:05.10 Sint-Amandsberg 19/10/2025					PB (50m pool): 01:05.41 SB: 01:06.22 EEKLO 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:31.38		01:05.10	
	00:31.38		00:33.72		
					

Coach feedback:

Event number: 27: 100M FREESTYLE WOMEN 13-14					Heat:5, starttime: 09:02
Heat: 5/8 Lane : 5 Athlete: BAYENS NINA					Q-time: 01:03:96
PB (25m pool): 01:03.96 EEKLO 04/10/2026					PB (50m pool): 01:04.88 SB: 01:03.96 EEKLO 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:30.66		01:03.96	
	00:30.66		00:33.30		
					

Coach feedback:

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Event number: 27: 100M FREESTYLE WOMEN 13-14					Heat:7, starttime: 09:05
Heat: 7/8 Lane : 4 Athlete: EELBODE EMELIE					Q-time: 00:59:06
PB (25m pool): 00:59.44 Temse 17/11/2025					PB (50m pool): 00:59.06 SB: 01:00.02 EEKLO 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:28.84		00:59.44	
	00:28.84		00:30.60		
					

Coach feedback:

Event number: 28: 100M FREESTYLE MEN 13-14					Heat:7, starttime: 09:18
Heat: 7/7 Lane : 2 Athlete: BOMBEECK MATHIAS					Q-time: 01:01:05
PB (25m pool): 01:01.05 EEKLO 04/10/2026					PB (50m pool): 01:02.09 SB: 01:01.05 EEKLO 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:28.72		01:01.05	
	00:28.72		00:32.33		
					

Coach feedback:

Event number: 28: 100M FREESTYLE MEN 13-14					Heat:7, starttime: 09:18
Heat: 7/7 Lane : 6 Athlete: VERNAILLEN SEPPE					Q-time: 01:00:27
PB (25m pool): 01:00.27 Temse 31/05/2026					PB (50m pool): 01:01.34 SB: 01:01.16 EEKLO 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:28.55		01:00.27	
	00:28.55		00:31.72		
					

Coach feedback:

Event number: 29: 50M FREESTYLE WOMEN 15-16					Heat:1, starttime: 09:20
Heat: 1/6 Lane : 5 Athlete: BULLEN LOTTE					Q-time: 00:29:20
PB (25m pool): 00:29.20 Temse 31/05/2026					PB (50m pool): 00:29.90 SB: 00:29.53 EEKLO 04/10/2026
	2 5 M	5 0 M			
PB		00:29.20			
	00:29.20				
					

Coach feedback:

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Event number: 30: 50M FREESTYLE MEN 15-16			Heat:5, starttime: 09:31
Heat: 5/6 Lane : 7 Athlete: WOJCIULA TYMON			Q-time: 00:25:76
PB (25m pool): 00:25.76 EEKLO 04/10/2026			PB (50m pool): 00:26.16 SB: 00:25.76 EEKLO 04/10/2026
	2 5 M	5 0 M	
PB		00:25.76	
		00:25.76	
			

Coach feedback:

Event number: 33: 50M BREASTSTROKE WOMEN 13-14			Heat:3, starttime: 10:44
Heat: 3/3 Lane : 2 Athlete: DE SMET LILY			Q-time: 00:36:09
PB (25m pool): 00:36.09 EEKLO 04/10/2026			PB (50m pool): 00:37.51 SB: 00:36.09 EEKLO 04/10/2026
	2 5 M	5 0 M	
PB		00:36.09	
		00:36.09	
			

Coach feedback:

Event number: 33: 50M BREASTSTROKE WOMEN 13-14			Heat:3, starttime: 10:44
Heat: 3/3 Lane : 3 Athlete: LEGRAND ALICIA			Q-time: 00:35:61
PB (25m pool): 00:35.61 EEKLO 04/10/2026			PB (50m pool): 00:37.44 SB: 00:35.61 EEKLO 04/10/2026
	2 5 M	5 0 M	
PB		00:35.61	
		00:35.61	
			

Coach feedback:

Event number: 34: 50M BREASTSTROKE MEN 13-14			Heat:1, starttime: 10:46
Heat: 1/4 Lane : 7 Athlete: BOMBEECK MATHIAS			Q-time: 00:40:91
PB (25m pool): 00:42.93 Sinbad 05/10/2025			PB (50m pool): 00:40.91 SB: no time
	2 5 M	5 0 M	
PB		00:42.93	
		00:42.93	
			

Coach feedback:

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Event number: 34: 50M BREASTSTROKE MEN 13-14						Heat:3, starttime: 10:48	
Heat: 3/4 Lane : 2 Athlete: TER-EGANYAN ARMAN						Q-time: 00:34:96	
PB (25m pool): 00:34.96 EEKLO 04/10/2026				PB (50m pool): 00:36.23 SB: 00:34.96 EEKLO 04/10/2026			
	2 5 M	5 0 M					
PB		00:34.96					
	00:34.96						
							

Coach feedback:

Event number: 34: 50M BREASTSTROKE MEN 13-14							Heat:4, starttime: 10:49		
Heat: 4/4 Lane : 6 Athlete: WALTNIEL BAVO							Q-time: 00:33:48		
PB (25m pool): 00:33.48 EEKLO 04/10/2026							PB (50m pool): 00:34.61 SB: 00:33.48 EEKLO 04/10/2026		
	2 5 M		5 0 M						
PB			00:33.48						
	00:33.48								
									

Coach feedback:

Event number: 37: 200M MEDLEY WOMEN 13-14							Heat:4, starttime: 11:42	
Heat: 4/6 Lane : 8 Athlete: LEGRAND ALICIA							Q-time: 02:41:31	
PB (25m pool): 02:43.23 Eeklo 06/04/2026				PB (50m pool): 02:41.31 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:37.42		no time		no time		02:43.23
	00:37.42							
								

Coach feedback:

Event number: 38: 200M MEDLEY MEN 13-14							Heat:2, starttime: 11:56	
Heat: 2/6 Lane : 4 Athlete: TER-EGANYAN ARMAN							Q-time: 02:38:16	
PB (25m pool): 02:38.16 Temse 31/05/2026				PB (50m pool): 02:42.40 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:33.76		01:16.51		02:00.18		02:38.16
	00:33.76		00:42.75		00:43.67		00:37.98	
								

Coach feedback:

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Event number: 38: 200M MEDLEY MEN 13-14							Heat:3, starttime: 11:59	
Heat: 3/6 Lane : 7 Athlete: BLONDEEL NILS							Q-time: 02:37:17	
PB (25m pool): 02:38.36 Temse 31/05/2026							PB (50m pool): 02:37.17 SB: no time	
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:33.20		01:14.53		02:02.30		02:38.36
	00:33.20		00:41.33		00:47.77		00:36.06	
								

Coach feedback:

Event number: 38: 200M MEDLEY MEN 13-14							Heat:4, starttime: 12:02	
Heat: 4/6 Lane : 7 Athlete: WALTNIEL BAVO							Q-time: 02:35:14	
PB (25m pool): 02:35.14 Temse 31/05/2026							PB (50m pool): 02:39.45 SB: no time	
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:33.41		01:15.12		01:57.21		02:35.14
	00:33.41		00:41.71		00:42.09		00:37.93	
								

Coach feedback: